

Case Study: *Deadly Sista Girlz Program*

The Wirrpanda Foundation, in partnership with Western Australian Department of Health, delivers a culturally appropriate sexual health program to Aboriginal and Torres Strait Islander girls across Western Australia as part of the Deadly Sista Girlz Program.

The Deadly Sista Girlz initiative is designed for Aboriginal and Torres Strait Islander girls only, aged, 8-18 years. The initiative is a health-based program with an emphasis on increasing the awareness and understanding of adolescent, sexual and reproductive health issues. Activities such as modelling, dance, grooming, deportment and sport are also included to attract the young women into the program.

The program utilises a blend of one-to-one mentoring and group workshop sessions. The mentors are trained Mooditj leaders and deliver content from the Mooditj program to participants in the Deadly Sista Girlz program.

In 2018, 11 schools were involved in the program with 1,135 sessions delivered to 669 girls. Pre and post surveys are used in the program which highlight changes in knowledge of sexual health over the school year.

Click on the image below to listen to Josie Janz-Dawson from the Wirrpanda Foundation talk about the Deadly Sista Girlz program:

